

Self Check Answers Chapter 7

7.1 Self Check

1. On what is the MBTI based?
The MBTI is based on psychological theories of human personality. It consists of eight preferences organized into four dimensions that describe how a person functions in the everyday world.
2. For what purpose was the MBTI developed?
The MBTI was developed in the early 1940s to make psychological theories of human personality understandable and practical in people's lives. During World War II, it was used to place factory workers in jobs that matched their personality types.

7.2 Self Check

1. What is critical thinking?
Critical thinking is the analysis of ideas in the process of formulating a belief.
2. What are the benefits of critical thinking?
Research has established a direct link between critical thinking and these benefits:
 - Reflective thinking and the ability to empathize
 - The ability to accurately evaluate situations and information
 - The ability to solve problems
 - Awareness and personal meaning
 - The ability to lead a self-fulfilling and morally satisfying life

7.3 Self Check

1. What is SARA?
Officers use the problem-solving process known as SARA to quickly identify problems and implement solutions. In theory, using SARA would improve officers' abilities to identify and solve persistent problems they encounter. As a result, the number of emergency (911) calls would be reduced, and the community would enjoy a better quality of life.
2. What are the main styles of learning?
The four styles of learning, according to Kolb, are
 - Accommodator
 - Diverger
 - Converger
 - Assimilator

7.4 Self Check

1. Why is an understanding of nonverbal communication important?
Because the success of the contemporary police officer requires a keen ability to communicate and interact with people, understanding nonverbal communication is one additional tool to help officers improve relationships with the rest of the population.
2. Explain what following skills are.
Following skills focus on staying out of the speaker's way so that the listener can discover how the speaker views his or her situation. The four tools used to develop following skills are door openers, minimal encouragers, infrequent questions, and attentive silence.

7.5 Self Check

1. Explain the concept of lifelong learning.
Lifelong learning is continuous learning, either formal or self-directed, that is intended for personal enrichment and professional development.
 2. How can officers find time to pursue lifelong learning?
There are many police professional development seminars occurring around the country every month; police management is wise to provide travel and seminar funds when they are available so that officers can attend these events.