



WELLNESS WORKSHEET 46 — continued

6. What types of routine medical tests and treatments may be performed? (These are questions that should be discussed with your physician or midwife.)

- Can the mother eat or drink during labor?
- Can the mother take a shower or bath during labor? Walk around?
- Under what circumstances would drugs be used to induce or augment labor?
- Is electronic fetal monitoring used?
- Under what circumstances would an episiotomy be performed?
- Under what circumstances would forceps or vacuum extraction be used?
- What types of medications are typically used during labor and delivery?
- Under what circumstances would a cesarean section be performed?
- Can the baby spend the night in the mother's room rather than in the nursery?